







FINAL INVITATION

6th CSIT World Sports Games

2nd - 7th of July, 2019 **Tortosa** — **Spain**

The Catalan CSIT member union Unió de Consells Esportius de Catalunya – UCEC will be host of the VI. CSIT WORLD SPORTS GAMES, to be held in the city of Tortosa from 2nd to 7th of July, 2019.

The city of Tortosa and Terres de l'Ebre region are welcoming CSIT, its World Sports Games, the International Workers & Amateur Sports Movement, its partners and the several thousands of participants from all over the world to practice and compete in sports and sports for all activities in the best atmosphere and conditions. In the past years it is proven that the CSIT World Sport Games are an excellent opportunity to meet and greet international people in a sportive and amicable way.

About the CSIT World Sport Games - WSG

The WSG are a major multi-sports event held every two years, full of sports, sport for all, cultural exchange, fun and new opportunities. These Games are not multisport games for top athletes, but for all amateurs from different countries and cultures all over the world. Not only is the organisation of competitions in the foreground, but also organizing a huge festival with the spirit of the beautiful region Terres de l'Ebre. The objectives are the gathering of sports friends, as a worldwide family to advance making friends as well as the exchange of information, know-how and experiences within the multi-sport community of CSIT and its partners.

That's the Spirit of CSIT!

The WSG are open for all amateur sports-athletes with raising numbers of participants each edition and we welcome member & non-member organisations, partners, governmental bodies, trade unions and companies from all over the world. The history of the CSIT of more than 100 years proves this event has "Olympic allures". It provides the participants a real international sports week with additional touristic and cultural content they will never forget.

Actual information: Place of arrival:	-> Official Games Webpage: http://2019.csit-wsg.com/ -> CSIT Webpage: www.csit.tv -> Facebook & Instagram: CSIT World Sports Games & Single Championships Tortosa, Spain			
Date of arrival:	2 nd of July 2019 <u>Attention</u> : Participants of the Tennis Championships should arrive one day earlier on 1 st of July!			
CSIT CHAMPIONSHIPS (ANNEX 1) Regulations on: www.csit.tv	 Athletics Football (11 players) Chess Mamanet Table-Tennis Volleyball (Indoor) Wrestling Swimming Karate (NEW) NEW: PARA-SPORT (disabled persons) Down Syndrome Futsal, Handball, Volleyball, Basketball, Table Tennis, Swimming The whole CSIT community together! 			
CSIT PARTNER CHAMPIONSHIPS (NEW) to be organized together with the CSIT: (ANNEX 2)	 Pole Sport World Cup Grand Final (Pole Sports & Arts World Federation - POSA) Pitch & Putt Intercontinental Championships (International Pitch & Put Association - IPPA) IRV Open Mixed Masters (Internat. Rhönrad / Wheel Gymnastics Federation) World O-Sport Championships (World O-Sport Federation - WOF) International Fireball Championships (Fireball Extreme Challenge Federation - FXC) 			

	6. WMF Internat. Minigolf Speed Championships (World Minigolf Sport Federation - WMF)				
	7. ICU International Cheer Championships				
	(International Cheer Union - ICU)				
	8. International Drug-Free Powerlifting Championships				
(ANINITESE ON	(World Drug-Free Powerlifting Federation - WDFPF)				
(ANNEX 2)	9. International Skating Championships				
	(Claudio Faragona – AICS Skating)				
	10. International IAAFL Championships				
	(Inter. Amateur American Football League - IAAFL)				
	11. CSIT IFA 2019 Fistball Amateurs World Cup				
	(International Fistball Association - IFA)				
	12. WSG Trail Running Event by IUTRA				
	(International Ultramarathon Trail & Road Amateur)				
	13. WDSM Dance Sport Event				
	(World Dance Sport Movement Federation - WDSM) 14. CSIT – GOLF Activities				
0.0	(See Annex 4!)				
	15. CSIT – HANDBALL Tournament				
	(See Annex 2!)				
	For further details please contact our partners directly!				
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New and demonstration sports	During the WSG there will be a promotion & demo of				
(ANNEX 3)	several young, fancy, but also new sports.				
2	Registration can be done upon arrival in Tortosa!				
	Further & current information: http://2019.csit-wsg.com/				
SPORT FOR ALL: Physical activities for seniors/ elderly people	 Target group: Seniors 55+, who can walk and move without problems. Also: trainers/instructors with experience in and interest in physical activities for seniors. Ages and Sex: 55 years and older for the active seniors. No age limit for trainers/instructors. Females and Males. 				
	• Activities (Indoor and Outdoor): Some member unions with experience in physical activities for seniors will be responsible for the activity program. Trainers/Instructors can exchange experiences and knowledge. The contents will be informed later.				
	Further information: CSIT Vice President Palle Thomsen, e-mail: thomsen@csit.tv				

HOTELS: (ANNEX 8)	You can choose out of a range from hostels up to 4 star hotels!				
Financial Conditions: (ANNEX 9) - Package categories	The package prices of category A & B include: Full board accommodation, local public transport in Tortosa and Terres de l'Ebre, registration fee, welcome package and free chiropractic services by FICS (Annex 7)				
- Prices per person	& the University EUSES Terres de l'Ebre in Tortosa.				
- Airport-Transfer	Airport shuttle will cost additionally 50 euros per person.				
- Package: Category A	CSIT member unions (full, associate, candidate, continental) and accompanying persons:				
	RoomsHotels 2 starHotels 3 starHotels 4 starDouble375 euros380 euros440 eurosSingle440 euros470 euros515 euros				
	Luxury Hostels: 315 euros (details in Annex 9)				
- Package: Category B	CSIT applicant organizations, other organizations / unions, companies and accompanying persons:				
	Rooms Hotels 2 star Double 485 euros 490 euros 550 euros 625 euros 625 euros				
	Luxury Hostels: 425 euros (details in Annex 9)				
- Package: Category C	Participants, who do not use package category A or B or airport shuttle pay 120 euros registration fee.				
Transportation:	Airport shuttle busses are available from and to the below mentioned 3 airports.				
	 Public transportation in the city of Tortosa and region Terres de l'Ebre is free of charge by showing your WSG – accreditation badge. 				
Airports:	1. Barcelona-El Prat (BCN)				
	2. Reus (REU)				
	3. Valencia (VLC)				
Registration: (ANNEX 12)	Via online-platform with details at: Official Webpage WSG 2019: http://2019.csit-wsg.com/				

Accreditation: (ANNEX 13)	Via online-platform with details at: Official Webpage WSG 2019: http://2019.csit-wsg.com/			
	The Accreditation-Badge (Personal WSG2019 Pass) of all participants will be handed over upon arrival.			
Preliminary on-line registration deadline:	• until February 22 nd , 2019 (including approx. 50% pre-payment)			
	Just indicate number of persons, gender, sports discipline, hotel categories, estimated day of arrival and departure.			
Definitive on-line registration deadline:	• until May 7 th , 2019 (including final payment)			
	Fill out names & e-mail accounts of every participant, gender, sports discipline, age & weight category, hotel categories, exact time of arrival / departure and travel details etc.			
Payments:	Acc. to the preliminary & definitive registration deadline:			
(ANNEX 10)	• First payment (approx. 50% of the total sum): >> before February 22 nd , 2019			
2	• Final payment (remaining sum): >> before May 7 th , 2019			
	Not respecting these deadlines will cause 30% of penalty fees on all costs according to CSIT articles!			
Cancelation Policy: (ANNEX 11)	More information about accommodation and the cancellation policy can be found in Annex 8 .			
Right of participation: (ANNEX 1)	 Eligibility: Professional elite–athletes have no right to participate! All CSIT member unions and organizations, as well as non-members have the right to participate in ALL competitions with unlimited number of teams and athletes! 			
CSIT Competition Regulations:	Each official sports in CSIT has its own sporting rules based on the international accepted rules incl. detailed eligibility criteria for athletes.			
	The valid rules for each CSIT sport can be found on the CSIT website in the Download Center: http://www.csit.tv/en/news-service/download-area/docfolder-csit-sports-regulations			

Fair Play Policy & WADA Rules / Testing: (ANNEX 5 & 6)	 Implementing Fair Play – Philosophy into the WSG Championships and competitions will be organized under WADA Code regulations Each participant has to sign the CSIT Anti-Doping Policy – Appendix 2 Form! 	
Internet – Wi-Fi & APP for Smartphones & Tablets: (ANNEX 13)	 Wi-Fi will be provided at all WSG hotels, hotels and sports venues. A specific WSG 2019-APP for Smartphones & Tablets will guide you through the week's program. 	
Cultural Programme: (ANNEX 14)	 Details will be on the Official WSG 2019 Webpage Later in the WSG 2019-APP (App info: ANNEX 13) 	

If you have any request or question, please do not hesitate to contact us anytime.

Looking forward to welcome you at the CSIT World Sports Games 2019!

Cordial greetings!

On behalf of CSIT

The Tortosa Organising Committee (TORTOC)

CONTACT INFORMATION

TORTOC – Tortosa Organising Committee

Unió de Consells Esportius de Catalunya (UCEC) Conxita Supervia Street 17, 08028 Barcelona, Spain Internet: www.ucec.cat

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Host Union UCEC E-Mail: jguell@ucec.cat Phone: +34 627404355

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E-Mail: office@csit.tv Phone: +43 67684746425 Internet: www.csit.tv

CSIT Sports Director Henk Bouchoms (responsible for Technical Sports Commissions)

E-mail: sportsdirector@csit.tv

Non-CSIT Members & Companies & Organisations (Mr. Olivier Comont)

E-Mail: comont@csit.tv

Information to journalists and media (CSIT Press Officer Raimund Fabi)

E-Mail: fabi@csit.tv E-Mail: media@csit.tv

CSIT Social Media & Online Platform & WSG 2019-APP (Mr. Roberto Vecchione)

E-Mail: roberto.vecchione@aics.it & administration@csit.tv

Annex 1: CSIT Sports Championships

Right to participate:

- 1. Basically the CSIT World Sports Games are open to ALL participants, but professional athletes have no right to participate!
- 2. Specific information about the right of participation in any CSIT sports can be found in the particular CSIT Sports Regulations of the Technical Commissions in chapter "eligibility criteria" as well as in the following sports championships chapter.
- **3.** All CSIT member unions and organisations, as well as non-members have the right to participate in ALL competitions with unlimited number of teams and athletes.

Medals:

All sports will have competitive character and the winners will receive medals for ranking from 1st to 3rd place.

Competition Program:

The exact competition program per sport can be found on the official WSG 2019 Webpage and in the WSG 2019-APP before the start of the WSG in due time.

CSIT Sports Championships (open to all participants):

1	Athletics	10	Swimming		
2	Basketball	11	Table Tennis		
3	Chess	12	Tennis		
4	Football (11 players)	13	Beach Tennis		
5	Mini-Football (5)	14	Volleyball (Indoor)		
6	Judo	15	Beachvolleyball (3)		
7	Mamanet	16	Wrestling		
8	Pétanque	17	Beach Wrestling		
9	Karate (new)	18	PARA-SPORT (new) • Down Syndrome • Futsal, Handball, Volleyball, Basketball, Table Tennis, Swimming		

Competitions in these kinds of CSIT sports will be carried out in accordance with the CSIT Sports Regulations, which can be found on the official "CSIT–Webpage" www.csit.tv in the SERVICE / Download Center / CSIT Sports Regulations as well as on the official WSG 2019 Webpage.

Composition of the team just indicates the minimum number of participants to participate in all disciplines/categories per sport and unions/organisations can send **more than** 1 team per sport!

Annex 2: CSIT Partner Championships

Highly important for the CSIT World Sports Games (WSG) are all partners. In the following you can find partner championships officially organized together with the CSIT under the umbrella of the WSG:

1. Pole Sport World Cup Grand Final

<u>Pole Sports & Arts World Federation - POSA</u> <u>Contact: generalsecretary@posaworld.org</u>

2. Pitch & Putt Intercontinental Championships

International Pitch & Putt Association - IPPA

Contact: gs@ippa.cloud

3. IRV Open Mixed Masters

<u>International Rhönrad - Wheel Gymnastics Federation - IRV</u>

Contact: GFischer@rhoenrad.com

4. World O-Sport Championships

World O-Sport Federation - WOF

Contact: manouchehri.iri@gmail.com

5. International Fireball Championships

Fireball Extreme Challenge Federation - FXC

Contact: fireballfederation@gmail.com

6. WMF Internat. Minigolf Speed Championships

(World Minigolf Sport Federation - WMF)

Contact: office@minigolfsport.com

7. ICU International Cheer Championships

(<u>International Cheer Union - ICU</u>)
Contact: Info@cheerUnion.org

8. CSIT IFA 2019 Fistball Amateurs World Cup

(International Fistball Association - IFA)

Contact: office@ifa-fistball.com

9. International Drug-Free Powerlifting Championships

(World Drug-Free Powerlifting Federation - WDFPF)

Contact: wdfpf.italia@libero.it

10. International Skating Championships

(Claudio Faragona – AICS Skating)

Contact: claudiofaragona@gmail.com

11. International IAAFL Championships – American Football

(Inter. Amateur American Football League - IAAFL)

Contact: sabbioneda@iaafl.eu

12. WSG Trail Running Event by IUTRA

(International Ultramarathon Trail & Road Amateur)

Contact: iutra@iaafl.eu

13. WDSM Dance Sport Event

(World Dance Sport Movement Federation - WDSM)

Contact: davide.gabusi@gmail.com

14. CSIT – GOLF Activities

(See Annex 4!)

Contact: first.tee@front9.at;

15. CSIT - HANDBALL Tournament

(Unió de Consells Esportius de Catalunya – UCEC)

Contact: coordinador@ucec.cat

Gender: male, female

Age and mode:

FOR SENIORS (16 years and older Championships are held in pools followed by depending on the number of teams involved) quarterfinals or direct semi-finals and final.

Each team will play at least 4 games during the championship, but no more than 1 game per day.

At least four (4) member-unions or at least three (3) member-unions and at least one (1) not-CSIT member union must participate in a CSIT Championship. In case of less than four (4) participating parties the Championship can take place anyway.

Regulations:

Championships follow International Handball Federation regulations (http://www.ihf.info/)

For further details please contact our above mentioned partner organisation directly!

Annex 3: CSIT New & Demonstrative Sports

We want to provide our participants young, fancy, but also new sports:

Come and have a try!

Further & current information at: http://2019.csit-wsg.com/

Registration can be done either on-line, at your arrival in Tortosa or simply join in spontaneously on location any time: the weekly program per sport can be found finally on the official WSG 2019 Webpage and in the WSG 2019-APP before the start of the World Sports Games in due time.

Important Note:

Please take note that these kinds of sports are with reservations, depending on the registration and interest!



Annex 4: CSIT Golf – Tournaments

For the first time ever CSIT is organizing a GOLF Tournament within the framework of the CSIT World Sports Game in Tortosa (WSG). The aim is to extend the sport offer for CSIT members, partners and friends with a trendy sport on one side and on the other side for all to bring Journalists to the WSG.

THREE TOURNAMENTS IN ONE EVENT!

- 1 CSIT GOLF TROPHY for CSIT-Members (290 euros on top of the CSIT package)
- 2 GOLF GUEST INVITATIONAL for CSIT Community Guests (350 euros per starter)
- 3 WORLD MEDIA GOLF MASTERS only for Journalists on separate invitation

CSIT GOLF TROPHY: Participation Conditions for CSIT members

Members of the CSIT partner organizations are not limited on age. The participants must have a golf handicap of least -36 and be member of a recognized golf club of their country. They must never have played golf as a Professional!

Each Nation has 5! spots fixed. If there are more than 5 registrations a waiting list will be held (first come first serve). Free spots on the inscription list will be filled up after registration deadline from the waiting list.

GOLF GUEST INVITATIONAL: CSIT Community Guests

The Guest Invitational in the Golf tournament is for special guests of WSG host UCEC, CSIT, Sponsors, Partners and CSIT member organizations. Participation in the Golf Tournament is only on demand and only granted through the CSIT via office@csit.tv. The Participation conditions are the same as for CSIT members. Participants must have a golf handicap of at least -36 and must be member of a recognized golf club of their country. They must never have played golf as a Professional!

Tournament played on two famous Golf Courses

PANORÁMICA GOLF, SPORT & RESORT 49 km from Tortosa (35 minutes) - city of Sant Jordi BONMONT CLUB GOLF 58 km from Tortosa (45 minutes) - city of Mont-Roig del Camp.

On Top Package (290 euros for CSIT members, 350 euros for CSIT Community Guests)

- 2 rounds of Golf in Panoramica (practice and tournament)
- 2 rounds of Golf in Bonmont (practice and tournament)
- 2 halfway meals during the tournament-rounds
- 2 platters after the tournament-rounds
- Transport to and from the Golf Courses from Tortosa

PROGRAM

- 3. July 2019 Practice Round Golf Course 1
- 4. July 2019 Practice Round Golf Course 2
- 5. July 2019 1st tournament day at Golf Course 1
- 6. July 2019 2st tournament day at Golf Course 2

WORLD MEDIA GOLF MASTERS

The tournament for Media is self-organized. Journalists have to book in via their national media organization and have their own packages and hotels. CSIT ExCom and CSIT playing members will have the possibility to meet the journalists. The Media participants will be shown around the WSG. The price giving for the golf tournament is planned during the closing ceremony.

For further information please contact press officer Raimund Fabi via media@csit.tv

Important Note:

Please take note that the standard WSG Cancellation Policy in Annex 11 is applicable!

Annex 5: Fair Play and Panathlon

CSIT WSG Fair Play Policy

Fair Play is very important to CSIT. It reflects the real spirit of sports and is actually close to the aims of CSIT.

At the WSG 2019 will be CSIT Fair Play – activities, which are implemented more detailed in the CSIT championships regulations of each sport.

Besides the "Green Card" – visible in competitions and games – the Fair Play subject will also be visual and promoted at hotels, sports venues, websites and brochures.

Finally Fair Play will get full attention at the closing ceremony, where teams – male and female athletes – with the highest Fair Play – coefficient will be awarded solemnly by cooperation partner EFPM – European Fair Play Movement

What is Fair Play?

Fair play is a complex concept that comprises and embodies a number of fundamental values that are not only integral to sport, but relevant in everyday life.

By implementing Fair Play – philosophy into CSIT World Sports Games and other championships, CSIT strives to more:

- fair competitions
- respect
- friendship
- team spirit
- equal opportunities
- fair access
- sports without doping and drugs
- respect for written and unwritten rules, such as
 - o integrity
 - o solidarity
 - o tolerance
 - o care
 - o excellence
 - o joy

This philosophy of Fair Play can be learnt and experienced on and off the sports area.

The long version of the CSIT Fair Play Policy can be found on www.csit.tv.

NEW: The Panathlon-CSIT WSG Award!

Starting with the Edition of WSG2019 a new Award will be staged: that is the *Panathlon-CSIT WSG Award*, in collaboration with our Cooperation Partner PI - Panathlon International. One of the objectives of the award is to encourage, coordinate and promote development of the sporting ideal and of its moral and cultural values, in all the countries where CSIT is established. The Award gives all CSIT Member Unions from the various Countries a chance to nominate candidates who have distinguished themselves in upholding the ethical and cultural values of sport. By awarding this prize, the organizers wish to acknowledge, reward and celebrate those who have honored and advocated such fundamental principles through their example and their actions. The Award is the apex of all the nominations received from CSIT Member Unions, since all of them promote and celebrate sport.

Core pillars of Panathlon-CSIT WSG Award

Who? Whoever, within CSIT member Countries, distinguishes himself/herself for the qualities described in the preamble and is nominated by CSIT Member Unions may run for the Panathlon Prize. **Unique value and identity** – The Prize will consist of a trophy awarded on account of initiatives or actions undertaken over the two previous CSIT World Sports Games calendar years or in recognition of one's lifetime achievement.

When? – The prize will be awarded every two years during the CSIT World Sports Games.

Prize categories

Nominees may be any natural persons aged over or under 18, without distinction.

Nominations, submission period and deadlines

First phase: submission of nominees by CSI Member Unions. The nominations for the prizes shall be submitted by CIST General Secretariat Member Unions to Panathlon International using a specific form.

The nominations for the prizes shall be submitted by CSIT General Secretariat to PI not later than the end of January of the year when the CSIT World Sports Games are held.

>> For 2019, this deadline will be extended until the end of March 2019.

The Prize will be awarded subject to a minimum of six nominations having been submitted.

Second phase: shortlisting by the Jury

During the second phase, selection criteria will be applied to shortlist the nominations; this phase will be conducted by a Jury consisting of Panathlon International's Board Members.

Selection process

Review and audit

Nominations will be collected by CSIT and sent to Panathlon International's Secretariat - Via Aurelia Ponente 1 - 16035 Rapallo (GE, Italy) - <u>info@panathlon.net</u> - within the established deadlines

Selection of the finalist

- PI Board's decision will be final.
- All the hospitality expenses of the Award Winner will be borne by Panathlon International.

Annex 6: WADA Rules

CSIT Anti - Doping Policy with Appendices

CSIT World Sports Games are organized under the WADA Code (latest version).

Every participant to the WSG is obliged to sign the "CSIT - APPENDIX 2 - Consent Form" (next page) before arrival in Tortosa or at the reception / registration desk. Upon arrival these signed forms must be handed over en bloc by the head of delegation at the Accreditation Center.

The appendix can be also downloaded in the **CSIT Anti – Doping Corner**.

During the World Sports Games athletes can be tested. Athletes will be chosen in random order and sport. The coach of the athlete is requested to accompany the athlete during the doping test. Athletes have to identify themselves by showing their ID card or passport.

Competent and authorized male and female WADA doctors will execute the doping test. Samples of doping tests will be sent to WADA authorized laboratories.

For all information regarding the WADA compliant "CSIT Anti - Doping Policy" visit the website of CSIT.

CSIT Anti – Doping Corner:

CSIT Webpage: http://www.csit.tv/en/news-service/download-area/docfolder-csit-anti-doping-corner

Therapeutic Use Exemptions (TUE)

CSIT advises athletes to notice the necessity of a Therapeutic Use Exemptions (TUE). See the table below.

What? As an athlete, you may have an illness or condition that requires a particular

medication. If this medication appears on the Prohibited List, you may be granted

a Therapeutic Use Exemption (TUE), which gives you permission to take it.

Why? TUEs ensure that you are able to obtain treatment for a legitimate medical

condition—even if that treatment requires a prohibited substance or method.

The TUE process avoids the risk of sanctions due to a positive test.

Who? Any athlete who may be subject to doping control must request a TUE before

taking a prohibited medication. All information in this request remains strictly

confidential.

When? An application must be made at least 30 days before taking part in an event.

In exceptional cases or true emergencies, a TUE may be approved retroactively.

As a member of [National Federation or International Federation] and/or a participant in an event authorized or recognized by CSIT, I hereby declare as follows:

- **1.** I acknowledge that I am bound by, and confirm that I shall comply with, all of the provisions of the **CSIT Anti-Doping Policy** (as amended from time to time), the World Anti-Doping Code (the "**Code**") and the International Standards issued by the World Anti-Doping Agency, as amended from time to time, and published on WADA's website.
- **2.** I consent and agree to the creation of my profile in the WADA Doping Control Clearing House ("**ADAMS**"), as requested under the Code to which CSIT is a Signatory, and/or any other authorized National Anti-Doping Organization's similar system for the sharing of information, and to the entry on my Doping Control, Whereabouts and Therapeutic Use Exemptions related data in such systems.
- **3.** I acknowledge the authority of CSIT and its member National Federations and/or National Anti-Doping Organizations under the CSIT Anti-Doping Policy to enforce, to manage results under, and to impose sanctions in accordance with the CSIT Anti-Doping Policy.
- **4.** I acknowledge and agree that any dispute arising out of a decision made pursuant to the CSIT Anti-Doping Policy, after exhaustion of the process expressly provided for in the CSIT Anti-Doping Policy, may be appealed exclusively as provided in Article 12 of the CSIT Anti-Doping Policy to an appellate body for final and binding arbitration, which in the case of International-Level Athletes is the Court of Arbitration for Sport (CAS).
- **5.** I acknowledge and agree that the decisions of the arbitral appellate body referenced above shall be final and enforceable, and that I will not bring any claim, arbitration, lawsuit or litigation in any other court or tribunal.

I have read and understand the present declaration.

Sports	Country	Name of the Union
Date		Print Name (Last Name, First Name)
Date of Birth		Signature (or if a minor signature of
Date of Birth (Day/Month/Year)		Signature (or, if a minor, signature of legal guardian)

Annex 7: The Fédération Internationale de Chiropratique du Sport (FICS)



www.fics-sport.org



FICS (Federation Internationale de Chiropratique du Sport) is the world governing body of sports chiropractic and the professional or organization through which sports chiropractic care is coordinated and provided to athletes, staff and volunteers during the CSIT World Sport Games. Under an agreement with CSIT, FICS will provide sports chiropractic services before, during and after training and competition to assist accredited person to perform at their best. These services will be available on an equal basis to all athletes at the CSIT World Sport Games as an integral part of the overall sports medicine services.

The FICS was founded in 1987 and is made up of 39 Nation's Sports Councils and 11 Educational Institutions. FICS has been an associate member of the General Association of International Sports Federations (GAISF / SportAccord) for over 20 years and is a member of the International Council on Sport Science and Physical Education (ICSSPE).

Members of the FICS organization are proud to offer complementary sport chiropractic care to all competitors, coaches and judges during these games. Our services involve a treatment protocol which will include a consultation of the patient's chief complaint/area of concern, a focused examination, manipulative therapy, soft tissue, flexibility and taping techniques to assist the athlete perform at his best at this competition. Sport chiropractic care offers a proactive, safe, and drug-free approach to recovery and performance.

Our Doctors are highly qualified having a Bachelor's degree or higher prior to completing the four-year program leading to the doctor of chiropractic degree within a national university system. Additionally they specialize in advanced post-graduate Sports Chiropractic levels of sports specific training. Of the 90 countries recognizing Chiropractic; each has their own designations signifying advanced educational credentials for Sports Chiropractic. To standardize the variation in education all member of FICS team are also credentialed through the International Sports Science Diploma (ICSSD) to ensure a standard of care and equality between National certifications.

Prior to selection for International events candidates must have been in practice for a minimum of 5 years and logged experience as a Team Doctor at local, national and/or international levels of competition. Each must carry a current physician level certification in CPR/First Aid and must carry malpractice insurance where they practice.

Most of our members have additional degrees, diplomas and certifications associated with the care and treatment of athletes in addition to their Sports Chiropractic certifications. They can also be Medical and Osteopathic doctors, have PhD's and Master's degrees in Sport Science, Rehabilitation and Biomechanics, are Certified Athletic Trainers, Strength and Conditioning Specialists, Physical Therapists, Emergency Medical Technicians, Acupuncturists and Massage Therapists.

We look forward to participating with you in making the World Sports Games one of the best in history. The members of the FICS team invite you to find out how we can proactively improve your athletic experience and anxiously look forward to working with you!

Sincerely,

Dr. Timothy RayChair, FICS Games Commission



Annex 8: Accommodation Information (Hotels & Hostels)

Accommodation categories:

- Luxury Hostels
- 2 Stars
- 3 Stars
- 4 Stars
- A list of hotels/hostels you can find on the official WSG 2019 Webpage.
- Please point your particular needs or preferences on the booking form (online platform).
- Details and financial conditions you can find in Annex 9.

Participants can arrive one day earlier on July 1st under following accommodation and full board conditions:

Accommodation in Luxury Hostel:

room – 40,- euros per person per night (see Annex 9)

Accommodation in 2 stars Hotel:

single room -81,- euros per night double room -68,- euros per person per night

Accommodation in 3 stars Hotel:

single room –87,- euros per night double room –69,- euros per person per night

Accommodation in 4 stars Hotel:

single room – 96,- euros per night double room – 81,- euros per person per night

Important Remarks:

- 1. If the hotel packages services CATEGORY A & B are not used, only registration fees in the amount of 120 euros must be paid acc. to CATEGORY C in Annex 9.
- 2. Please take note that you are only registered for the CSIT World Sports Games (incl. full board accommodation, fees, services and much more acc. to Annex 9), if you have booked the package CATEGORY A or B.
- 3. If you take your own accommodation (out of the online registration platform), you must additionally book package CATEGORY C in order to be registered for the WSG.

Annex 9: Financial Conditions

• PACKAGES

The package prices of category A & B include full board accommodation, local public transport in Tortosa and Terres de l'Ebre, registration fees, welcome package and free chiropractic services by FICS (Annex 5) **per person**.

• AIRPORT SHUTTLE

Airport shuttle will cost additionally **50 euros** per person.

• PACKAGE: CATEGORY A

CSIT member unions (full, associate, candidate, continental) and accompanying persons

	Luxury Hostel	Hotels 2 stars	Hotels 3 stars	Hotels 4 stars
Double room	Not available!	375 euros	380 euros	440 euros
Single room	Not available!	440 euros	470 euros	515 euros
4, 6, 8 & 10	315 euros	Not available!	Not available!	Not available!
people**		,		

^{**} There is a great variety of options. There are rooms for 4, 6, 8 and 10 people. It is a requirement that the rooms are filled. It will be necessary to link the registration to the rest of the members that will fill the room.

• PACKAGE: CATEGORY B

CSIT applicant organizations, companies, externals, other organizations and accompanying persons

	Luxury Hostel	Hotels 2 stars	Hotels 3 stars	Hotels 4 stars
Double room	Not available!	485 euros	490 euros	550 euros
Single room	Not available!	550 euros	580 euros	625 euros
4, 6, 8 & 10	425 euros	Not available!	Not available!	Not available!
people**				

^{**} There is a great variety of options. There are rooms for 4, 6, 8 and 10 people. It is a requirement that the rooms are filled. It will be necessary to link the registration to the rest of the members that will fill the room.

• Participation only: CATEGORY C

Participants who do not use package category A or B pay 120 euros registration fee.

- Deadline for submitting <u>PRELIMINARY REGISTRATION</u> (on-line):

Payment of approx. 50% of the total sum: until February 22nd, 2019

- Deadline for submitting DEFINITIVE REGISTRATION (on line):

Payment of the remaining sum: until May 7th, 2019

Important Note:

- Please take note that in case of **delayed payments a penalty fee of 30%** will be charged automatically.
- Only those participants are officially / finally registered, who have transferred **ALL payments**!
- Payments in cash upon arrival will not be accepted!

PAYMENT MODE

In the Online Registration Platform (Annex 12) please select the payment mode you prefer (two alternative ways, credit card or bank transfer), and checkout.

- 1. If you have selected the **credit card** mode, you will enter a secure area, where you can complete the payment.
- 2. If you have selected the bank transfer mode, you will be provided with all necessary data to complete the payment by your own.

You will receive a confirmation of the purchased order!

Annex 11: Cancellation Policy

- In order to be officially registered all registration payments have to be transferred to the organizer until the definitive registration deadline on May 7th, 2019.
- In case of cancellation by a registered participant **until May** 7th, **2019**, the organizer <u>will refund all payments (100%)</u>.
- Cancellation between May 8th and May 14th, 2019, the organizer will <u>refund 50%</u> of the total sum.
- Last minute cancellation between May 15th and May 21st, 2019, the organizer will <u>refund 25%</u> of the total sum.
- After May 21st, 2019 no refund will be conducted.

CSIT Championships Cancellation:

Be aware the organizer will reserve the right of cancellation of sports disciplines, if there are not at least 4 CSIT member unions preliminary registered on **February 22nd**, 2019. In that case the organizer will refund all payments.



Annex 12: Online Platform – Registration

Due to logistic and security reasons, every participant of the CSIT World Sports Games must be registered via the WSG online registration platform.

From November 1st 2018 the CSIT WSG2019 – Registration Process starts up!

To warrant an effective registration, CSIT in coordination with member union AICS – Associazione Italiana Cultura e Sport (through the Tortosa Organizing Committee TORTOC) provides the on-line registration platform SportCARE, which will guide and support you to fulfill the procedure.

By clicking on the related banner provided on the official **WSG2019–Website** (http://2019.csit-wsg.com/) or on the CSIT Website (www.csit.tv) or linking directly to the website https://wsg2019.sportcare.tech, the user enters the WSG2019 official platform, where the preliminary registration procedure has already been set.

The registration consists of 2 phases: (1) the Preliminary online registration and (2) the Definitive online registration.

PHASE 1 - Preliminary Online Registration

- If you are a CSIT UNION (Cat. A): at the registration start up all your information will be already uploaded and you will receive username and password to access to the registration procedure, immediately after the CSIT Congress of October 2018 in Tortosa.
- If you not a CSIT member (Cat. B): you have to register your data clicking on the "SIGN UP TODAY" button on the homepage of the platform and, once your registration will be approved by TORTOC (CSIT WSG2019 Organizational Committee), you receive (via e-mail) a confirmation and you will be able to use the username and password selected during the registration procedure.

After having received your access credentials you can login on the platform. Now you can access to the « Preliminary Online Registration » Form:

- STEP 1 (SUBSCRIPTIONS): fill in the form with the number of participants (male, female and officials) at the event, per sport discipline, and accompanying people.
- STEP 2 (PURCHASES): choose your package (category A, B or C), the hotel category, type of rooms and transfer.

A cart will be created: it will be unique and modifiable in the future, as follows:

- by February 22nd 2019 the latest: the Payment of 50% of the total sum will be calculated according to the last version of the Cart. Sending your payment, Your Order will be created.
- **by May 7th, 2019 the latest**: You can still modify the Preliminary Order to get to the «Definitive Order» on which the remaining sum (100%) will be calculated ("ORDERS&PAYMENTS" button, to modify an existing order).

Important Note:

In order to be finally and officially registered, ALL registration payments have to be transferred to the organizer until the definitive registration deadline $May 7^{th}$, 2019.

PHASE 2 - Definitive Online Registration

• STEP 1: From February 22nd, 2019 you can proceed with the definitive registration – logging in to the platform and clicking on the "DELEGATION LIST" button on dashboard, to upload all the information requested for each participant.

It will be very important also that **each federation gives its participants the personal voucher**, so that they can log in on the mobile app and **ADD PERSONAL PHOTOS**, which will then be used to print the badge, taking it directly with the mobile device (see also ANNEX 13).

• STEP 2: by May 7th, 2019 the latest (as above mentioned), you will have the opportunity to complete the TEAM registration (individual and group teams), both by specifying all the needed data for the event accreditation and by finalizing the payment for the residual amount, as specified by the definitive registration rules.

Further information related with this phase will be specifically provided some days before the start of the definitive registration phase!

For any support requests about the registration process:

E-mail: jguell@ucec.cat

For technical issue on registration platform:

E-mail: helpdesk.wsg2019@nesea.it

Annex 13: Online Platform – Accreditation & WSG 2019–APP

Due to logistic and security reasons, every participant of the CSIT World Sports Games must be registered via the WSG online registration platform.

New opportunities for participants (Badge – QR-Code Technology)

The WSG2019 online platform has been specifically customized to support the governance and the accessibility of CSIT World Sports Games 2019.

CSIT WSG 2019, focus both on the promotion and participation in physical activities and sports, are addressed to amateur athletes, their families and friends from all over the world, so to compete in various sport disciplines. That is why the social platform will run before, during and after the WSG2019, in order to improve the experience of the WSG2019 both for participants and for those who are simply interested in the events and in the related results.

This "accessible" revolution is based on two main pillars:

- the "Personal WSG2019 Pass" (Accreditation Badge), which will represent a unique gate of access to the platform features based on the QR-Code technology;
- 2. the WSG2019 APP.

IMPORTANT:

- The **Official Mobile APP** will be **available** since the CSIT Congress October 26th, 2018 and it will be possible only to sign in as **audience**.
- From February the 22nd 2019 on, at the beginning of the definitive registration, it will be possible to sign in also as a **participant**, using the personal QR-Code showed on the accreditation youcher.
- Personal vouchers will be available on each federation dashboard ("DELEGATION LIST" button), participants' data is uploaded.

PERSONAL PHOTOS:

Due to security reasons it is very important that **each federation gives its participants the personal voucher**, so that they can log in on the mobile app and **ADD PERSONAL PHOTOS**, which will then be used to print the badge, taking it directly with the mobile device.

Each **personal accreditation badge** will contain a **QR-Code** (abbreviation of Quick Response Code) which will give the opportunity to "authenticate" each participant by a simple smart-phone (or something similar, as a tablet) and provide her/him several specifically customized services.

Each participant as well will have the opportunity to **download an APP**, login with personal username and password, and:

- enter facilities and dedicated areas,
- attend events and special/side events,
- be recognized during the competitions and sport demonstrations,
- **gather relevant information** about the events (competitions results, timetable) and the physical areas (maps, agenda).

Each of the athletes will also have the opportunity to use the APP in order to:

- check their competition results,
- check general results and ranking,
- check the **timetable** of their competitions,
- verify the location of the competition areas, using the events map.

Some other features envisaged specifically for referees and officials are:

- upload the competitions results,
- upload the technical competitions account,
- check the athletes' identification and profile,
- check the **program and the timetable** of the assigned competitions,
- check the **Technical Commissions meeting** program and timetable.

Important Note:

Please take note, that this essential information (results, timetable, program, meetings etc.) will be available on the WSG2019 – APP, on the WSG2019 – Website, in the Games Centers (info) and via situation-related special agreements with you directly by the responsible Technical Sports Commission or Championships-Manager on location at the sports facilities.

For that reason, please always double check the information sources!

In case of different data, please contact directly your responsible specialists of the Technical Sports Commission or Championships-Managers.

General contact: E-mail: adria@ucec.cat (+34 606 89 01 91)

wsg2019@tortosa.cat

Annex 14: Cultural Programme

From TORTOC we are preparing many activities and cultural programs for your athletes. More information will follow directly at the official "WSG2019–Website" (http://2019.csit-wsg.com/).

So during the CSIT World Sports Games (WSG) you will have the possibility to access to different touristic and cultural packages.

Located between the Ports and Delta de l'Ebre natural parks, in a Biosphere Reserve, stands Tortosa, a Mediterranean city with a history going back thousands of years.

Tortosa is the capital of the region of Terres de l'Ebre, a region that stands out for its combination of an outstanding natural and an excellent tourism and sports infrastructure.

Tortosa and Terres de l'Ebre have a consolidated hotel infrastructure, being an outstanding destination for lovers of good food and one of the benchmarks of Catalan cuisine as an exponent of the Mediterranean cuisine that has achieved such merit worldwide.

With a deep historical architecture, **Tortosa is also known as the city of three cultures: Jewish, Christian and Muslim.** Some of the historic buildings of Tortosa are: Suda Castle (X century), Tortosa Cathedral (year 1347), The Jewish Quarter (year 1149) and the Arabian towers (year 714).

Get to know a city where history has left its mark over the centuries and is combined with a natural contrasting environment. On one hand, the mountains of "Els Ports", which are imposing as a wall of more than one thousand meters, and the other, the Delta de l'Ebre, a landscape of rice fields and beautiful beaches.

The Ebro River delta offers a surprisingly, rich and unique variety of natural landscapes. It is scenery of a great biological richness that receives a diversity of fauna and flora of an inestimable value. With 320 km2 of surface, constitutes the most extensive aquatic habitat of the Catalan lands and represents an enclave of vital importance within wetlands of the Mediterranean.

The uniqueness of the Ebro Delta is expressed by its physical reality, geographic, natural and also, by its particular traditions, the culture, the architectural heritage and the history.

The landscape of the Ebro Delta has a strong personality. The lands completely flat give a particular aspect. The vast rice fields, changing according to the seasons dominate the appearance of Ebro Delta. On the side of the coast we find one of the landscapes more attractive of the Mediterranean: large lagoons surrounded by reed beds and rushes. In the peripheral part we find large areas of saline soils and saline areas, long and desert beaches with dunes topped with marram grass and other plants highly adapted to the environment.

At the two ends, two arrows of fine sand, the Fangar and La Punta de la Banya, surrounds the rich bays of the Fangar and of the Alfacs, respectively.

The father of the Delta, the Ebro River, passes by the tranquil and watchful plain, before it flows into the Mediterranean Sea.

The climate conditions and the conditions of the soil, together with its natural beauty, allow the visitor admire a great spectacle where the river water and the sea water are the main protagonists. A multitude of routes and activities complement the tourist offer of the area of the Ebro Delta and of the 7 municipalities hosted in it.

In the last years the Ebro Delta has been configured as a **sustainable tourist destination and it has been recognized internationally with several awards**: The European Charter of Sustainable Tourism, Destination EDEN (European Destination of Excellence) and Biosphere Reserve of the Ebro Lands.

Under the words of **Sustainable Tourism** it is included an ensemble of activities oriented to promote the compatibility among the economic, social and esthetical impact and the cultural and environmental integrity of the host regions.

The Ebro Delta and the Natural Park are privileged places, both for the attractive of its natural beaches and the coast that invite to the rest and the relaxation, as for the discovery of the sustainable tourism experiences, with a wide range of interesting and original activities that can be performed personally or guided and so, enjoy the landscapes resources, the nature and the culture.

Whether you come to the Ebro Delta with your family, with a group, in couple or individually, you will enjoy of boat excursions, sport fish, tourism cycling, canoeing, bird watching, gastronomy, visits and organized school workshops, guided visits to know the main attractions, experiences with the rice cultivation and the traditions, photo safaris, the salt interpretation, etc.

Take advantage in a correct way of all these resources of the Ebro Delta, because it will help to convert your holidays in an unforgettable experience and you will discover new and healthy hobbies.

